

NY Alliance Housing Navigator Training

Housing Navigation

Why do we care about Housing Issues?

Part 1. Background



NEW YORK
**ALLIANCE FOR
INCLUSION & INNOVATION**

Social Determinants Of Health! Housing is Health

UnitedHealthcare's Investments in Affordable Housing to Help People Achieve Better Health Surpass \$400 Million

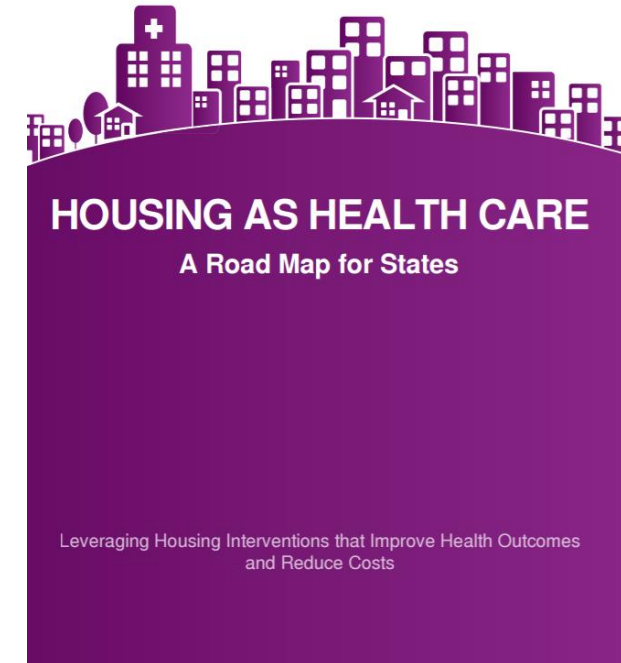
Investments have helped build 80 communities in 18 states resulting in more than 4,500 new, affordable homes with on-site support services to help people live healthier lives

3/26/2019



Former homeless Vietnam veteran Jerry Readmond (second from left), an advocate for homeless veterans, shares his story during a groundbreaking ceremony for CommonBond's Veterans Housing at Fort Snelling, which opened in 2015. L to R: Minnesota Housing Commissioner Mary Tingerthal; Readmond; Paul Fate, president & CEO, CommonBond Communities; Major General Rick Nash, Adjutant General, Minnesota National Guard; Tom McGlinch, vice president, investment management, UnitedHealth Group; and Warren Hanson, president and CEO of Minnesota Equity Fund (Photo: Greg Page, May 2014).

MINNETONKA, Minn. — UnitedHealthcare announced it has surpassed \$400 million in investments in new affordable housing as part of the company's ongoing efforts to remove social barriers to better health for people in underserved communities. The company has invested in 80 affordable-housing communities across the United States with more than 4,500 new homes for individuals and families in need.



August 2019



Connecting Supportive Housing and Health Systems to End Chronic Homelessness among People with Disabilities

Lessons from University of Illinois Hospital & Health Sciences System in Chicago, IL (UI Health)

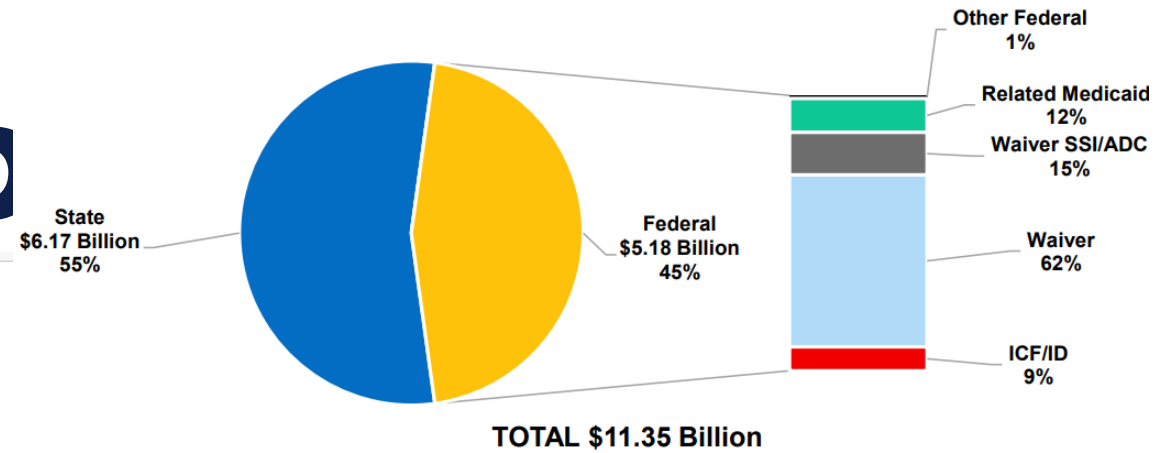
To end chronic homelessness among people with disabilities, we must work together across the public and private sectors to expand the supply of supportive housing opportunities for people with the most intensive needs and connect individuals to the health and behavioral health supports necessary for promoting their housing stability. This and the other case studies in this series were developed to highlight innovative community partnerships between the homelessness services system and health systems.

Prevalence

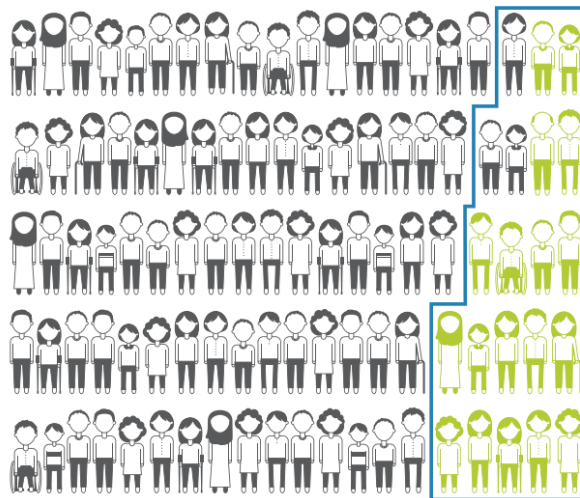
- In the 1930s' People with Down Syndrome rarely lived into their late 20s'
- ASD did not appear in then Diagnostic Statistical Manual until DSM III 1980
- DD Act & Arc prevalence estimates 1.5%-2.5%
- NY Adults 15.3 Million
- 1.5% = 230,000
- 2.5% = 382,500
- OPWDD serves 126,000, acknowledges 450,000 (including children)

PUBLIC IDD SPENDING BY REVENUE SOURCE: FY 2019

D



7.43 million people in the United States had Intellectual or Developmental Disabilities (IDD) in 2018



Note: U.S. IDD prevalence estimates from 1994/5 and 2017 National Health Interview Surveys

<https://risp.umn.edu/>

Table S-10A
Utilization of Institutional Services (FFS Only)
by ISPM Score
(YE June 2022)

OPWDD Service Category	ISPM Behav Comp	ISPM Dir Sup Comp	ISPM Score	Total Individuals	Medicaid Expenditure	Avg Pymt / Indiv
INSTITUTIONAL SERVICES	LOW	LOW	1	28	\$13,699,313	\$489,261
		MED	3	63	\$30,022,521	\$476,548
		HIGH	5	<20	\$4,196,503	
	HIGH	LOW	2	<20	\$8,034,397	
		MED	4	87	\$44,555,633	\$512,134
		HIGH	6	<20	\$342,852	
	N/A	N/A	N/A	47	\$16,081,918	\$342,168
Grand Total				255	\$116,933,137	\$458,561

Notes: 1, 2, 3, 4, 5, 11, 13

Utilization of Certified Residential Services (FFS Only)
by ISPM Score
(YE June 2022)

(Individual Service Planning Model)

OPWDD Service Category	ISPM Behav Comp	ISPM Dir Sup Comp	ISPM Score	Total Individuals	Medicaid Expenditure	Avg Pymt / Indiv
CERTIFIED RESIDENTIAL SERVICES	LOW	LOW	1	4,215	\$423,759,718	\$100,536
		MED	3	14,590	\$1,955,035,088	\$133,998
		HIGH	5	6,338	\$1,023,071,850	\$161,419
	HIGH	LOW	2	307	\$44,521,374	\$145,021
		MED	4	5,635	\$830,469,850	\$147,377
		HIGH	6	3,084	\$473,987,708	\$153,693
	N/A	N/A	N/A	1,290	\$133,254,417	\$103,298
Grand Total				35,459	\$4,884,100,005	\$137,739

Notes: 1, 2, 3, 4, 5, 11, 13

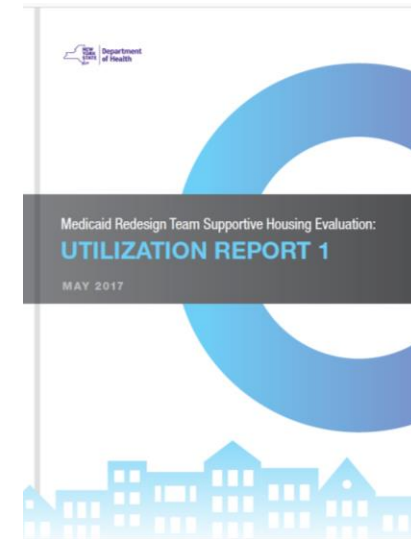
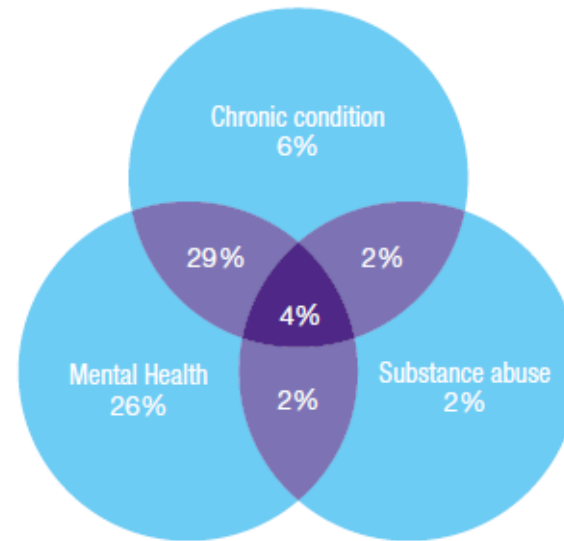
Supportive housing and people with I/DD

“OPWDD

Expansion of Existing Rental Services Program are showing major savings on average. (MRT Final cost report 1)”

Estimated 19,500 children with IEPs listed as having Transitional Housing in NYC

Figure 16. Overlap Between Types of Chronic Conditions among Office for Persons with Developmental Disabilities Expansion Program Enrollees

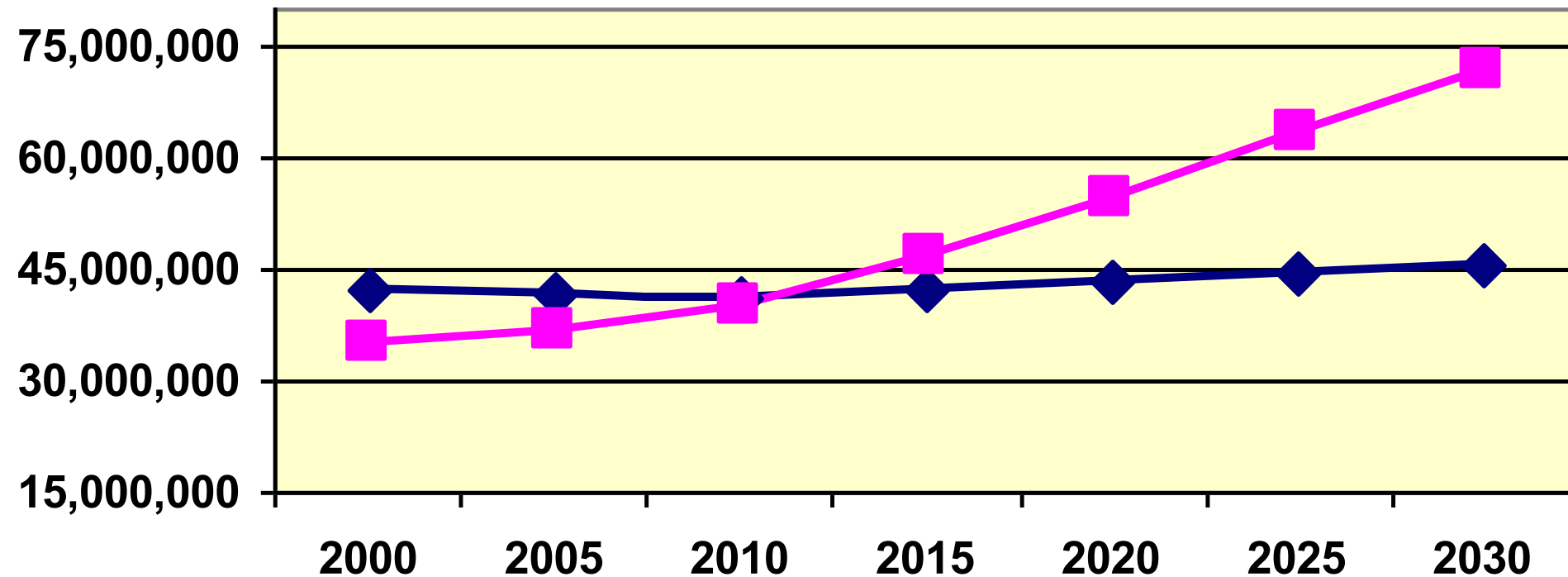


2016 AHAR

EXHIBIT 7.9: Disability Status
Adults Living in PSH, 2010-2016 (in %)

Disability Type	2010	2015	2016
Any Type of Disability	78.8	82.3	86.6
Dual Diagnosis	17.3	25.3	28.8
Mental Health	24.2	32.5	36.7
Substance Abuse	11.9	8.4	9.8
Physical Disability	13.2	23.5	26.6
HIV/AIDS	6.4	6.7	7.7
Developmental Disability	3.3	5.6	6.2

Inexorable Demographic squeeze – It's not a "Crisis" –it's terminal.



Source: U.S. Census Bureau, Population Division, Interim State Population Projections, 2005

—◆— Females aged 25-44 —■— Individuals 65 and older

Question Time 1.



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Housing Navigation

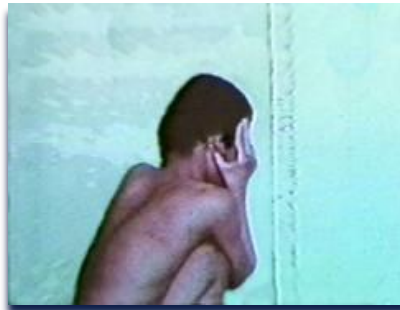
Why do we care about Housing Issues?

Part 2. Some history



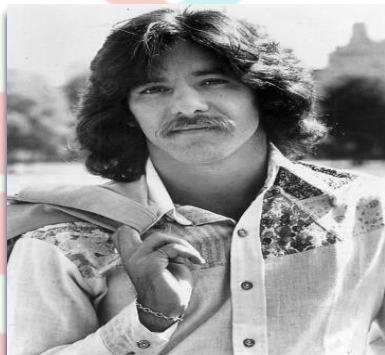
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Where we Have been - NY is *always* about Willowbrook.



OPWDD will collaborate with the Office of Mental Health (OMH) to develop a specialized program for adults with dual diagnoses. The new transitional program, located at the former Bernard Fineson Developmental Center, will support adults discharged from OMH-certified inpatient settings while they transition to appropriate OPWDD community-based supports.

1972, Willowbrook. The awful place with the beautiful name.



Group Home Basics



- OPWDD via DDRO
- Padavan (1978)
- Prior Property Approval within limit
- Commercial bank mortgage covered by tenant SSI/SSDI/CCS
- Bed & Board State\$
- Staffing Medicaid
- Roll Up

How Certified housing is created: Appendix A in
"Reclaiming Innovation"
https://nyhrc.org/Housing_Models_and_Reports

Where we are



Group Homes, Group work, "In the Community", but not necessarily of it. – "They're not for

Psychology Today Find a Therapist Get Help Magazine

Find a Therapist (City or Zip)

Loren A. Olson M.D.
Finally Out

Loneliness Is a Killer. Why Don't We Talk About It?

Ignoring loneliness is self-defeating and hazardous to our health.



The British Journal of Development Disabilities >

Volume 55, 2009 - Issue 109

journal homepage

Articles

Self-Esteem and Loneliness in Adults with Mild Intellectual Disabilities Working in Sheltered Workshops Versus A Regular Work Environment

Being Socially Isolated is as Bad for Health as Smoking

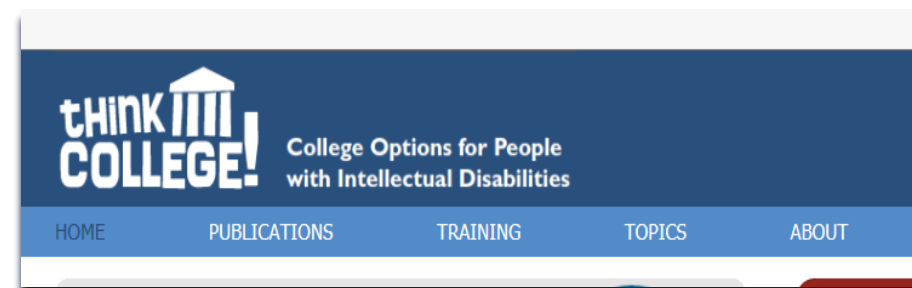
Social isolation has been found to be as bad for one's health as smoking up to **15 cigarettes** a day.

That's **more** than half a pack!



Where we are going

- People have received more schooling - CDOS
- Public awareness
- There are more supports for work or adult education
- Functional Assessment
- More independent decisions



Culture

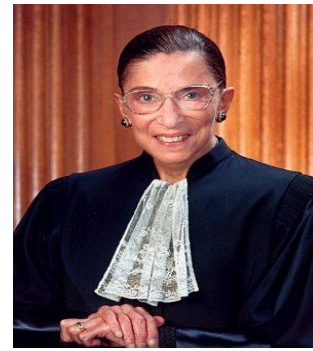
- **“Disability is a natural part of the human experience that does not diminish the right of individuals with DD to live independently, to exert control and choice over their own lives and to fully participate in and contribute to their communities through full integration and inclusion in the economic, political, social, cultural and educational mainstream of United States society”**
 - DD Assistance and Bill of Rights Act of 2000. PL 106-42

The world

- **“Disability results from the interaction between persons with impairments and attitudinal and environmental barriers that hinder their full and effective participation in society on an equal basis with others”**
 - The UN Convention on the rights of persons with disabilities



The Law



- On June 22, 1999, the United States Supreme Court held in *Olmstead v. L.C.* that unjustified segregation of persons with disabilities constitutes discrimination in violation of title II of the Americans with Disabilities Act. The Court held that public entities must provide community-based services to persons with disabilities when (1) such services are appropriate; (2) the affected persons do not oppose community-based treatment; and (3) community-based services can be reasonably accommodated, **taking into account the resources available to the public entity and the needs of others who are receiving disability services from the entity.**

Changing Systems

- **Money Follows the Person**
- **HHS Standards for Person Centeredness**
- **Research**
- **Centers for Medicare & Medicaid (CMS)**
 - Person Centered Planning
 - Encourage Self Direction
 - Individual Budgets
 - HCBS Settings rule



Housing Crisis

"What would you say if... you could create very affordable housing and not have to spend a dime on bricks and mortar?...the housing was unencumbered by government regulations, at the same time you could meet the special housing needs of seniors and persons with developmental disabilities.."

-It's time for change, NYS OMRDD 1996

- **Group homes are an economic construct**
- **Group homes are unsustainably costly**
 - e.g. ISPM Scores 1 & 3
 - CRO =reinstitutionalization of ISPM 4, 5 & 6
- **Change is coming**
 - People are living longer – and have issues of aging
 - People are more educated
 - There is an inexorable labor shortage
 - Enabling technology is more available
 - The law and regulation require change
 - We know what best practices are
- **We are underserving**

Thank You Dr. Winodis



Questions 2



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Part 3. Person Centeredness



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Everything begins with the person

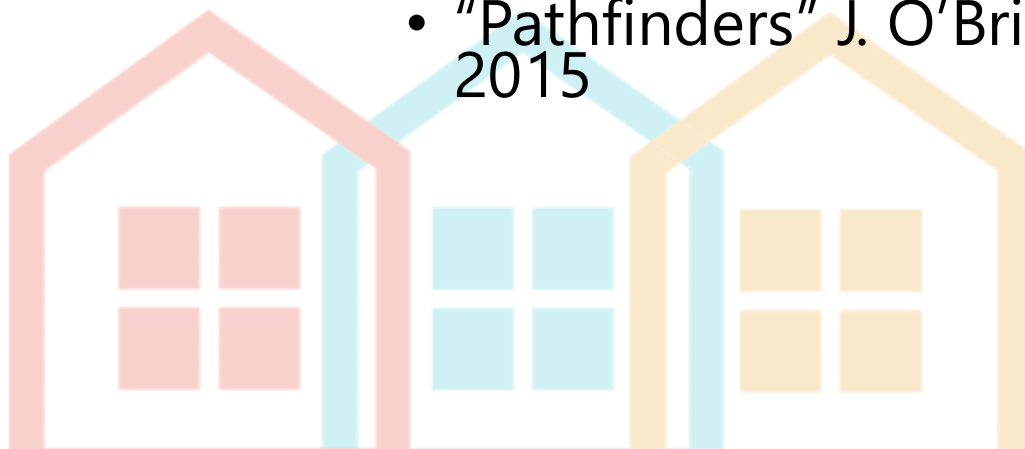
Really get to grips with who they are

- Are they currently happy?
- How independent do they want to be?
- Are they extrovert or introvert?
- Do they work ?
- Do they have an income?
- Can they travel?
- What else matters to them?
- Patience – not Patients
- Person not “individual”



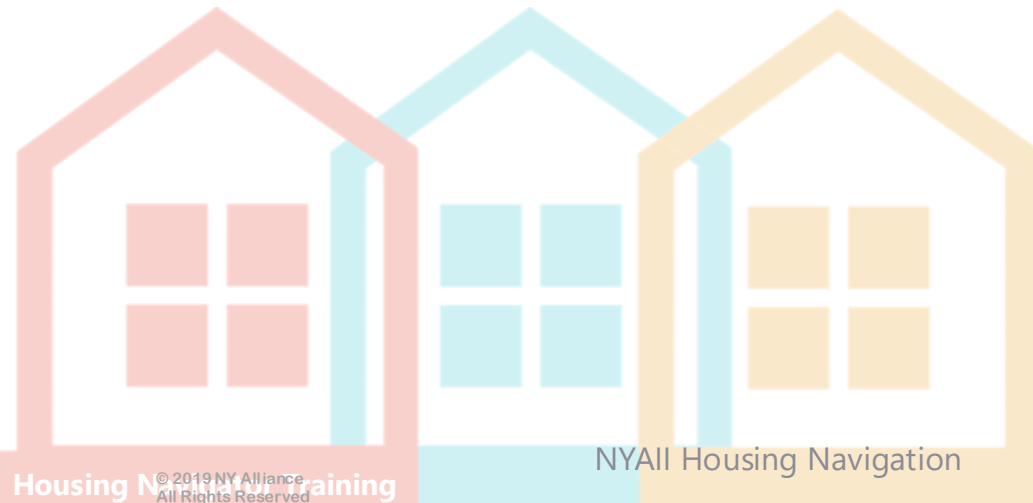
Change from the Individual's perspective

- **"As a group, today's adults with developmental disabilities have more capacities and more reasons to expect a positive future than any previous generation. They also have the challenge of working out new ways to live as adults who use publicly funded personal assistance"**
 - "Pathfinders" J. O'Brien, B. Mount, Inclusion press 2015



Conclusion

- This stuff is difficult!
- Feedback is always welcome
- Never forget your history



A screenshot of the New York Housing Resource Center (HRC) website. The website has a blue header with the HRC logo and a navigation menu. The main content area is white and features a welcome message from Carol Napierski and John Maltby, Co-Directors of the Housing Resource Center. There are sections for 'COMMUNITY TRAINING - REQUEST FOR SUPPORT:', 'WHAT'S NEW' (including 'NYS Grant To Expand Housing Options' and 'Housing Opportunities In Plattsburgh, NY'), and 'ADDITIONAL RESOURCES' (including 'REPORT: What Happens When I'm Gone?'). The website also has a search bar and a footer with contact information.